

# Chronic Pain and the Family

---

A NEW GUIDE

Julie K. Silver, M.D.

HARVARD UNIVERSITY PRESS  
Cambridge, Massachusetts  
London, England  
2004

---

## Contents

1	What Is Chronic Pain?	1
2	Effect on the Couple	20
3	Intimacy and Sexual Activity	35
4	Work Issues	45
5	Childbearing and Inheritance	57
6	Growing Up with a Parent in Pain	64
7	Chronic Pain in Children	75
8	The Extended Family	86
9	Emotional Changes and Depression	95
10	Medication Dependence and Addiction	104
11	Diagnosing Chronic Pain Conditions	118
12	Traditional Treatment Options	124
13	Complementary and Alternative Medicine	139
	Afterword	148
	Appendix: Resources	151
	Suggested Reading	155
	Notes	159
	Acknowledgments	161
	Index	163